



eat right | live right

# YACHT CREW FOOD



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@elefantemallorca



# HOT DISHES

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## LASAGNE

Slow cooked beef & pork mince, cooked in a rich tomato sauce with layers of pasta and a creamy, oregano infused bechamel sauce

## VEGAN LASAGNE Ve

Textured soya cooked in a rich tomato sauce, with layers of pasta and a creamy, oregano infused vegan cheese sauce

## SHEPHARD'S PIE

Slow cooked minced lamb in a herby sauce, with vegetables and a creamy mashed potato topping

## FISH PIE

Mixed fish in a lemon, herb and garlic liquor, topped with sliced potatoes

## KOREAN CURRY

Roasted pork belly in a Korean style curry sauce with vegetables and served with kimchi and rice

## CHILLI WITH NACHOS AND RICE

Slow cooked shin of beef in a Mexican style sauce with beans, vegetables and served with guacamole, nachos and rice

**Individual portion**

**10€**

# WRAPS

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## SPICY CHICKEN

Wheat flour wrap, chicken in a Sriracha mayo, spinach, yellow pepper, spring onion and mango chutney

## KOREAN CHICKEN

Wheat flour wrap, chicken in a Korean sauce, spinach, red pepper, kimchi, spring onion and peanuts

## ASIAN TUNA

Wheat flour wrap, tuna in an Asian style dressing, spinach, carrot, red pepper, spring onion and sweet chilli sauce

## ITALIAN PESTO BEEF

Wheat flour wrap, roast beef, spinach, sundried tomatoes, pesto, mozzarella and rocket

## SPICY GOLDEN CAULIFLOWER

Wheat flour wrap, golden cauliflower, spinach, carrot, red cabbage with lime and coriander, spring onion, vegan chipotle mayo

## TROPICAL "CHICKEN" WITH SRIRACHA MAYO

Wheat flour wrap-Spinach, Heura with vegan Sriracha mayo, spinach, yellow pepper, spring onion and mango chutney

Wraps priced at 5€

Vegan Spicy Heura 6.90€

## CIABATTA SANDWICH

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### JAMON Y QUESO

Homemade ciabatta with olive oil, tomato, serrano ham and cheese

### CHICKEN AND AVO

Homemade ciabatta with chicken, avocado, mayo, coriander and lime

### BEETROOT AND GOATS CHEESE

Homemade ciabatta with beetroot, spinach, homemade pesto and goat's cheese

Ciabattas

7€

## SALAD BOWLS

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### VEGAN RAINBOW BOWL

Kale & seeds, spiced chickpeas, golden cauliflower, red cabbage with lime and a vegan chipotle mayo

### SEASONAL MEDITERRANEAN BOWL

Green leaves & seeds, quinoa with fresh herbs, seasonal veggies, feta and a red pepper & fennel dressing

## ELEFANTE BUDDHA BOWL Ve

Green leaves & seeds, roasted sweet potato, spiced chickpeas, red cabbage with lime and a lemon & herb vinaigrette

**Each salad bowl** 9€

**Add protein (tuna-chicken)** 3.5€

**Vegan protein (Heura)** 4,5€

## SOUPS

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Each week there will be 2 choices of soups - please contact us to find out the Soups of the Week:

### CARROT & COCONUT WITH CURRY Ve

Carrot, roasted onion, ginger, coconut milk, fresh coriander and lime

### ZUCCHINI & BASIL Ve

Zucchini, garlic, spinach and fresh basil leaves

### SPICY CREAMY BROCCOLI Ve

Onion, garlic, broccoli, coconut milk, vegetable stock, spinach, thai green curry paste

### PARMESAN TOMATO & BASIL

Roasted tomato, garlic, onion, parmesan and fresh basil leaves

### BUTTERNUT SQUASH, CHICKPEA & SPINACH Ve

Butternut squash, garlic, onion, chickpeas, fresh spinach and coriander

### TUSCAN WHITE BEAN KALE

Kale, garlic, onion, white beans, fresh basil and parmesan

**Per portion** 7€

**Extra Sourdough** 1€

# HOMEMADE SWEET OPTIONS

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<b>Brownie</b>	<b>4€</b>
<b>Banana Bread</b>	<b>3.5€</b>
<b>Carrot Muffin</b>	<b>3.5€</b>
<b>Chocolate Muffin</b>	<b>3.5€</b>
<b>Lemon and Blueberry Muffin</b>	<b>3.5€</b>
<b>Energy Balls – Peanut and Chocolate (3 in total)</b>	<b>4€</b>
<b>Energy Balls – Matcha and Coconut (3 in total)</b>	<b>4€</b>
<b>Brownie Tray (9 portions)</b>	<b>30€</b>
<b>Whole Banana Bread (9 portions)</b>	<b>27.5€</b>

# DRINKS

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## **Kombucha**

Small (250ml) **4,2€**

Large (500ml) **7€**

## **Whole Earth**

(Apple, Cola, Cranberry, Elderflower, Ginger, Lemon) **2.5€**

## **Linda organic**

(Lemon and ginger, Lemon with Hibiscus flower, Mandarin and rosemary, Pear with Sichuan pepper, Tomato with wasabi) **3.5€**

## **Laccao**

**2€**

## **Coconut water (330ml)**

**3.5€**

## **Coconut water (1 Litre)**

**6.5€**

## **Cold Rosa Blanca**

**3.5€**



# JOIN US FOR BRUNCH AT ONE OF OUR LOCATIONS



- ★ ELEFANTE SANTA CATALINA
- ★ ELEFANTE SANT AGUSTI

OPENING HOURS 8-15PM  
EVERY DAY



CONTACT US ON  
+34 636 43 09 37



CONFIRM YOUR  
BOAT'S NAME  
AND LOCATION/  
DROP-OFF POINT



PLEASE PROVIDE  
MINIMUM 24 HOURS'  
NOTICE IF POSSIBLE  
LAST ORDERS BY 9AM



SEE YOU SOON